Original Article

Submitted: 23 Aug 2015 Accepted: 7 Aug 2016 Online: 7 Dec 2016

The Effects of Crocin on 6-OHDA-Induced Oxidative/Nitrosative Damage and Motor Behaviour in Hemiparkinsonian Rats

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To cite this article: Hosseini M, Rajaei Z, Alaei H, Tajadini M. The effects of crocin on 6-OHDA-induced oxidative/ nitrosative damage and motor behaviour in hemiparkinsonian rats. *Malays J Med Sci.* 2016;**23(6)**:35–43. http://dx.doi.org/10.21315/mjms2016.23.6.4

To link to this article: http://dx.doi.org/10.21315/mjms2016.23.6.4

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Abstract -

Background: Crocin is considered to prevent oxidative stress-related diseases, such as ischemia and Alzheimer's. The aim of the present investigation was to evaluate the effects of crocin on motor behaviour and 6-OHDA-induced oxidative/nitrosative damage to the striatum in an experimental model of Parkinson's disease.

Methods: Left medial forebrain bundle was lesioned by microinjection of 6-OHDA (16µg in 0.2% ascorbate-saline). Crocin (30 and 60 mg/kg) was injected intraperitoneally three days before surgery until six weeks. Rotational behaviour and biochemical analysis were used to evaluate the effect of crocin in a unilateral 6-OHDA-induced model of Parkinson's disease.

Results: The contralateral rotations induced by apomorphine in 6-OHDA lesioned group were highly significant (P < 0.001) as compared to the sham group. Moreover, chronic administration of crocin at doses of 30 and 60 mg/kg over six weeks did not change the rotations. The TBARS and nitrite levels in the striatum were also significantly (P < 0.05) increased in lesioned group. Treatment with crocin at a dose of 60 mg/kg significantly decreased the nitrite levels (P < 0.05) in the striatum.

Conclusion: Crocin at a dose of 60 mg/kg could be effective in preventing the nitrosative damage in the striatum. Further investigations using higher doses of crocin is suggested to get the full neuroprotective effects of crocin in Parkinson's disease.

Keywords: crocin, 6-Hydroxydopamine, oxidative stress, nitric oxide, motor activity, Parkinson disease

Introduction

Parkinson's disease (PD) is an age-related movement disorder that affects on 1% of the people aged over 65 years (1). The degeneration of nigrostriatal dopaminergic neurons, which is accompanied by reduction of dopamine in the striatum, is the neuropathological basis of the movement disorders in the PD (2). The clinical symptoms of PD manifests when about 50% of nigrostriatal dopaminergic neurons and 70% of striatal dopaminergic axons are lost (3). The mechanisms responsible for dopaminergic neuronal loss in PD are complex and remain to be completely determined. However, several pathogenic factors including; oxidative and nitrosative stress (4–6), mitochondrial dysfunction (7), apoptosis (8), inflammatory responses (9) and excitotoxicity have been proposed for the degeneration of dopaminergic neurons.

Compelling evidence implicates that increased reactive oxygen species (ROS) and oxidative damage are involved in the cascade of events leading to degeneration of dopaminergic neurons (10, 11). This is mainly due to the observations that increased level of lipid peroxidation (4, 12), modifications of proteins (13), and DNA and RNA oxidation products (14) are seen in the brain of parkinsonian patients.

It is also believed that reactive nitrogen species (RNS), such as nitric oxide (NO) and peroxynitrite, play a major role in the toxicity of nigrostriatal dopaminergic neurons in PD (15, 16). NO is synthesised from L-arginine by the enzymes nitric oxide synthases (NOS) (17). Under pathological conditions, production of NO is mainly stimulated by activation of inducible NOS (iNOS) (18). Induction of iNOS produces high levels of NO which leads to neurotoxicity by production of peroxynitrite (19). Peroxynitrite, which is a more active and potent oxidizing agent than NO, can induce DNA fragmentation and lipid peroxidation (20). It has been reported that neurodegeneration in PD is associated with increase in iNOS expression in the substantia nigra (21, 22). It also has been shown that inhibition of iNOS expression with the inhibitors of NOS protects neurons from degeneration in PD animal models (23).

Crocin, crocetin digentiobiose ester, is a known potent antioxidant found in the stigma of Crocus sativus. A wide range of pharmacological activities has been reported for crocin, including; antioxidant (24, 25), anticancer (26), antiinflammatory (27, 28), antihyperglycemic (29), hypolipidemic (30), anti-atherosclerotic (31) and hepatoprotective effects (29). The antioxidant activity and radical scavenging properties of crocin has been demonstrated in neurodegenerative diseases such as Alzheimer's (32) and cerebral ischemia (33). It also has been reported that treatment with crocin decreased NO levels and NOS activity in cortical microvascular homogenates in an ischemic model in rat (33). Moreover, crocin inhibited the lipopolysaccaride-induced NO release from cultured rat brain microglial cells (27).

Based on the mentioned evidence, we decided to evaluate the effects of chronic treatment with crocin at doses of 30 and 60 mg/ kg over six weeks on oxidative and nitrosative damage and motor behaviour in a 6-OHDA model of PD.

Materials and Methods

Animals

Experiments were performed using male Wistar rats weighing 250-300g. Animals were maintained at $22^{\circ}C \pm 2^{\circ}C$ on a standard pellet diet and tap water ad libitum. The Ethic Committee for Animal Experiments at Isfahan University of Medical Sciences approved the study and all experiments were conducted in accordance with the National Institute of Health Guide for the Care and Use of Laboratory Animals (NIH Publications N^o 8023, revised 1996).

Experimental design

The animals were randomly assigned to four groups, with eight rats in each group, as follows:

- 1. Group 1: Normal saline sham-operated group (0.2% ascorbate-saline into the left medial forebrain bundle (MFB), saline ip)
- 2. Group 2: Normal saline-treated lesioned group (16µg 6-OHDA into MFB, saline ip)
- Group 3: Crocin-treated lesioned group (16µg 6-OHDA into MFB, 30 mg/kg crocin, ip)
- 4. Group 4: Crocin-treated lesioned group (16μg 6-OHDA into MFB, 60 mg/kg crocin, ip)

Crocin at doses of 30 and 60 mg/kg or normal saline were injected intraperitoneally three days before the surgery for six weeks.

The rats were anaesthetised with chloral hydrate (450 mg/kg, ip) (34) and then placed in a stereotaxic apparatus. The scalp was cleaned with an iodine solution and lidocaine was injected (2% solution, Sc). A midline skin incision was made with subsequent drilling of the skull. 6-OHDA (16 μ g/4 μ l 0.2% ascorbatesaline) was injected into the left MFB by a Hamilton microsyringe according to the coordinates: AP: -4.5 mm; ML: -1.7 mm; DV: -8.2 mm (35). The rats of sham-operated group also received an identical volume of the ascorbate-saline as vehicle. The injection rate was 1 μ l/min and the needle was kept in place for an additional 5 min before being slowly retracted. After surgery, all rats were treated with penicillin (0.2 ml, ip), placed singly into a clean

page and kept warm until complete recovery occurred.

At the end of the experiment, the animals were sacrificed and the striatum was dissected out, washed immediately in ice-cold saline, and homogenised in the NaCl 0.9% solution by a homogeniser.

Apomorphine-induced rotations

The hemiparkinsonian rats were diagnosed by observing the rotational behaviour after injection of apomorphine hydrochloride (Sigma-Aldrich, USA) at the end of the 2nd, 4th and 6th week after surgery. Apomorphine hydrochloride was dissolved in normal saline and injected intraperitoneally at a dose of 2 mg/kg. On day test, the animals were allowed to habituate to a transparent plexiglass container (28 cm × 28 cm × 50 cm) for 10 min. One minute after the injection of apomorphine, full rotations were counted at 10 min intervals for 60 min in a dimly-lit and quiet room. The number of ipsilateral rotations was counted as positive scores and that of contralateral rotations as negative scores. Net number of rotation was defined as the difference between the rotations in both directions (36).

Lipid peroxidation levels

The lipid peroxidation level of the striatum was measured by thiobarbituric acid reactive substance (TBARS) assay. Briefly, a mixture of trichloroacetic acid, thiobarbituric acid, and HCl were added to 1mL of homogenate, and the mixture was heated for 45 min in a boiling water bath. After cooling, the samples were centrifuged at 1000 × g for 10 min and the absorbance was measured at 535 nm. The level of TBARS was calculated by: C (M) = A/1.65 x 10⁵ (37).

Glutathion peroxidase assay

Glutathion peroxidase activity was measured with the glutathion peroxidase assay kit (Cat. No. RS505, Randox Labs, UK).

Nitrite levels

The level of nitrite was measured using a colorimetric assay kit (Promega Corporation, USA) that involved the Griess reaction. Briefly, the samples were incubated with sulphanilamide solution and then the N-(1-naphthyl) ethylenediamine solution was added. Then, the absorbance was measured by a microreader in the wave length of 492 nm. The nitrite concentration of samples was measured using the nitrite standard curve.

Statistical analysis

Behavioral data were analysed by twoway repeated measures ANOVA with groups as between-subject factor and time as within subject factor. Then, one-way ANOVA was performed for comparing the groups in each week followed by Tukey *post hoc* test for multiple comparisons. Biochemical data were analysed by one-way ANOVA followed by Tukey *post hoc* test. P < 0.05 was considered statistically significant. The results are presented as the mean ± SEM.

Results

Effects of crocin on rotational behavior

As shown in Figure 1, administration of apomorphine hydrochloride to 6-OHDA-lesioned rats produced contralateral rotations towards the lesion side at the end of the 2nd, 4th and 6th week after surgery, indicating unilateral damage to the left striatum. No such rotations were observed in sham group rats.

Analysing data with two-way repeated measures ANOVA revealed a significant difference between groups (P < 0.001) and within groups in different weeks (P < 0.001). Then, for comparison of various groups in each week, one-way ANOVA was performed followed by Tukey *post hoc* test. The ANOVA analysis showed that the number of contralateral rotations in 6-OHDA-lesioned group and crocintreated lesioned groups were significantly different from sham group (P < 0.001) for each week (Figure 1).

Effects of crocin on lipid peroxidation levels

Injection of 6-OHDA resulted in significant elevation of TBARS levels (P < 0.05) in the striatum. Moreover, the results showed that treatment of lesioned rats with crocin at doses of 30 and 60 mg/kg for six weeks did not change the increased TBARS levels in the striatum (Figure 2).

Effects of crocin on nitrite levels

The nitrite levels of the striatum were significantly (P < 0.05) increased in the 6-OHDA-lesioned animals as compared to the sham group. In addition, a significant decrease in nitrite levels was observed in the 6-OHDA-lesioned rats treated with crocin at a dose of 60 mg/kg as compared to the lesioned group (P < 0.05, Figure 3).

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Effects of crocin on glutathion peroxidase activity

The results showed that there was no significant difference in glutathione peroxidase activity in the striatum of sham, 6-OHDA-lesioned rats and lesioned groups treated with crocin at doses of 30 and 60 mg/kg at the end of week 6 (Figure 4).



Figure 1. Apomorphine-induced rotations (mean \pm SEM) in the sham, 6-OHDAlesioned group and crocin-treated lesioned groups at the end of the 2nd, 4th and 6th week after surgery. Crocin was administered ip daily at doses of 30 and 60 mg/kg for six weeks. +*P* < 0.001 vs sham group by Tukey post hoc.



Figure 2. Effect of crocin on lipid peroxidation levels (mean \pm SEM) in the striatum of the sham and experimental groups. Crocin was administered daily at doses of 30 and 60 mg/kg for six weeks. **P* < 0.05 vs sham group.



Figure 3. Effects of crocin on nitrite levels (mean \pm SEM) in the striatum of the sham and experimental groups. Crocin was administered daily at doses of 30 and 60 mg/kg for six weeks. **P* < 0.05 vs sham group, +*P* < 0.05 vs 6-OHDA-lesioned group.



Figure 4. Effects of crocin on glutathione peroxidase activity (mean ± SEM) in the striatum of the sham and experimental groups. Crocin was administered daily at doses of 30 and 60 mg/kg for six weeks.

Discussion

This study demonstrated that the microinjection of 6-OHDA into the MFB resulted in motor deficits accompanying oxidative and nitrosative damage to the striatum. The MFB is a tract containing fibers from brainstem regions, including the substantia nigra and ventral tegmental area, as well as fibers from the basal olfactory regions, the periamygdaloid region and the septal nuclei. Unilateral injection of

6-OHDA into the MFB can cause the destruction of dopaminergic neurons in the substantia nigra (A9) and ventral tegmental area (A10) (38). The axons of nigrostriatal dopaminergic neurons run along the MFB, terminate in the dorsal striatum and participates in motor system. In addition to depleting the nigrostriatal dopamine pathway, MFB lesions also deplete the dopaminergic neurons of the ventral tegmental area, which project to the nucleus accumbens and participates in reward system (39).

The unilateral lesion of the nigrostriatal dopaminergic system by 6-OHDA decreases dopamine level in the striatum and upregulates dopamine postsynaptic receptors at the same side. These changes produce a functional and motor asymmetry that can be assessed by dopamine agonists such as apomorphine (40). Apomorphine is a dopamine receptor agonist which can stimulate both types of dopamine receptors (Dl, D2) and can therefore directly affect presynaptic and postsynaptic receptors. Apomorphine induces rotations contralateral to the lesioned side because of changes in dopamine receptor mechanisms, especially due to the stimulation of upregulated D2 receptors in the denervated striatum (41). Contralateral rotations induced by apomorphine in 6-OHDA-lesioned rats is a reliable marker for the nigrostriatal dopamine depletion (42). In the present study, injection of apomorphine to 6-OHDA group rats caused significant contralateral rotations, which happens after degeneration of at least 75% of nigrostriatal dopaminergic neurons (43). Furthermore, the administration of 30 and 60 mg/kg of crocin for six weeks did not decrease the apomorphine-induced rotations in rats.

6-OHDA is a neurotoxin that could easily undergo autoxidation to give hydrogen peroxide and superoxide radicals, which finally leads to production of hydroxyl free radicals (44). In the present study, injection of 6-OHDA into the MFB caused oxidative damage to membrane lipids, as evidenced by increased levels of TBARS in the striatum at the end of week 6. This oxidative neuronal damage in 6-OHDA-lesioned animals is in agreement with previous reports (45, 46). In fact, our results confirm that the neurotoxin through the formation of ROS initiated an oxidative cascade of events in the striatum, which finally led to membrane damage.

However, our results also showed that chronic treatment with crocin at doses of 30 and 60 mg/kg did not attenuate the elevated levels of TBARS in the striatum. This is in contrary with previous studies which report the protective effects of crocin in oxidative insults such as ischemia-reperfusion (33), diabetes (29) and Alzheimer's (32). The reasons for this discrepancy between our results and previous studies are not known. Nonetheless, a possible answer could be related to its dosage and duration of treatment. We suggest that initial oxidative stress might be scavenged or attenuated by the antioxidant capability of crocin at applied doses; however, when there is substantial ongoing oxidative stress (47)—as in the 6-OHDA model of PD—the antioxidant response wanes or is overwhelmed over time, and at that point, crocin could not act as an antioxidant.

However, Parkinson's disease is ล multifactorial neurodegenerative disease and nitrergic mechanisms could also contribute to the dopamine neuronal death seen in PD (48). The administration of 6-OHDA induces microglial activation, leading to the production of cytokines and free radicals, including NO (3). NO is a short-lived free radical, which acts as a precursor for a few chemical substances and induce nitrosative stress. Despite inorganic and gaseous nature, NO is reported to be one of the main malefactors of PD (49). NO gets converted into nitrite in a few seconds that is relatively more stable (50). The roles of NO in the biological functions are mostly inferred either via the quantitative evaluation of nitrite or via the expression levels of NOSs (51).

6-OHDA is found to increase the nitrite levels and iNOS expression in rats (21, 48). It has been reported that induction of iNOS and NO by 6-OHDA deplete dopaminergic cells in the substantia nigra, and dopamine and its metabolites in the striatum, and pretreatment with LNAME (NOS inhibitor) reverses these adverse effects (21, 52). It also has been shown that NOS inhibitor 7-nitroindazole rescues from 6-OHDA-induced dopaminergic neurodegeneration (3).

The present findings showed that 6-OHDA increased the levels of the nitrite, stable NO metabolite, in the striatum of lesioned rats. This is consistent with previous studies which report the increased levels of nitrite in the midbrain and striatum of 6-OHDA lesioned rats (21, 53). The results also showed that chronic treatment with crocin significantly decreased the nitrite levels in this tissue. Along with this, it has been reported that crocin inhibited the lipopolysaccarideinduced NO release from cultured rat brain microglial cells (27). Moreover, treatment with crocin decreased NO levels and NOS activity in cortical microvascular homogenates in an ischemic model in rat (33). Collectively, it seems that crocin could be effective in preventing the nitrosative stress in the striatum in a 6-OHDA model of PD.

Conclusion

Our findings demonstrated that chronic treatment with crocin at a dose of 60 mg/kg for six weeks could be effective in preventing nitrosative stress in hemiparkinsonian rats. Nonetheless, it had no effect on oxidative stress and could not improve apomorphine-induced rotations. Regarding that the oxidative and nitrosative stress caused by accumulation of ROS and RNS can affect different pathways and contribute to the pathogenesis of PD (6), our study further supports the notion that oxidative stress play a major role in 6-OHDA-induced parkinsonism. Further investigations using higher doses of crocin is suggested in order to gain access to full neuroprotective effects of crocin in Parkinson's disease.

Acknowledgement

The results presented in this work have been taken from a student's thesis. This study was supported by Isfahan University of Medical Sciences.

Conflict of interest

None.

Funds

I confirm that I have mentioned all organisations that funded my research in the acknowledgements section of my submission where appropriate.

Authors' Contribution

Conception and design: ZR, HA Analysis and interpretation of the data: ZR Drafting of the article: ZR Critical revision of the article for important intellectual content: ZR, HA Final approval of the article: ZR, HA Administrative, technical, or logistic support: MH, MT Collection and assembly of data: MH

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